

**Institute of Integrated & Honors Studies**

**Kurukshetra University, Kurukshetra**

(Established by the state Legislature Act XII of 1956)

(Category-I University, 'A++' Grade NAAC Accredited)

**NSS, ANNUAL REPORT (2025)**



Submitted by:

NSS Cell, IIHS, KUK

**Organic Farming Awareness Programme**

**(Organized in Collaboration with NSS Cell, IIHS) 05/02/2025**

The Institute of Integrated & Honors Studies (IIHS), Kurukshetra University, in collaboration with the National Service Scheme (NSS), organised an Organic Farming Awareness Programme to promote sustainable agriculture and environmental balance. The programme focused on educating students about the ecological and health benefits of organic farming.

### **Programme Highlights**

The programme was graced by worthy Registrar, Dr. Virendra Pal, Kurukshetra University, along with the Principal, faculty members, students, and NSS volunteers. The dignitaries visited and inspected the organic farming field developed and maintained by the students of the institute.

### **Key Messages**

During the interaction, Dr. Virender Pal emphasized that organic farming is not merely a farming technique but a way of life that supports harmony between humans and nature. He highlighted that excessive use of chemical fertilizers and pesticides damages soil fertility and water resources, whereas organic farming helps conserve biodiversity and maintain environmental sustainability.

### **Role of NSS**

NSS volunteers actively participated in the programme and played a key role in spreading awareness about organic farming practices. Through this initiative, students contributed to campus greenery and promoted eco-friendly practices within the community, aligning with the core objectives of NSS.

### **Conclusion**

The programme successfully enhanced environmental awareness among students and encouraged the adoption of organic farming practices. Such initiatives strengthen the spirit of social responsibility and sustainable development among NSS volunteers and students.

## जैविक खेती पर्यावरण संतुलन के लिए वरदान : डॉ. वीरेन्द्र पाल

**केयू आईआईएचएस संस्थान ने जैविक खेती द्वारा दिया स्वास्थ्य एवं पर्यावरण संतुलन का संदेश**

**सबैरा न्यून/जसवीर दुग्गल**  
**कुरुक्षेत्र, 06 फरवरी :** जैविक खेती पर्यावरण संतुलन के लिए वरदान है। जैविक खेती फसल उत्पादन की एक ऐसी प्राचीन कृषि विधि है, जो किसानों को मिट्टी की उर्वरता और पर्यावरण को संतुलित बनाए रखने में मदद करती है। यह विचार गुरुवार को कुरुक्षेत्र विश्वविद्यालय के कुलसचिव डॉ. वीरेन्द्र पाल ने आईआईएचएस संस्थान के सामने मैदान में आईआईएचएस विद्यार्थियों द्वारा संचालित जैविक खेती के निरीक्षण के उपरांत कहे। उन्होंने कहा कि जैविक खेती केवल एक कृषि पद्धति नहीं, बल्कि एक विचारधारा है, जो हमें प्रकृति के साथ संतुलन बनाए रखने की सीख देती है। यह न केवल हमारे स्वास्थ्य के लिए फायदेमंद है, बल्कि मिट्टी की उर्वरता, जैव विविधता और पर्यावरण संतुलन को



बनाए रखने में भी महत्वपूर्ण भूमिका निभाती है। रासायनिक उर्वरकों और कीटनाशकों के अत्यधिक उपयोग से मिट्टी की गुणवत्ता और जल संसाधनों को होने वाले नुकसान को रोकने का यह एक प्रभावी उपाय है। जैविक खेती के लाभों को ध्यान में रखते हुए केयू आईआईएचएस में बीओसी विषय के अंतर्गत जैविक खेती को बढ़ावा दिया जा रहा है। जिसका संचालन संस्थान के बटनी विभाग के विभागाध्यक्ष प्रो. अनिल गुप्त और सहायक प्रोफेसर डॉ. कविता रानी की निगरानी में किया जा रहा है। इस अवसर पर आईआईएचएस प्राचार्या प्रो. रीटा ने सभी विद्यार्थियों को सराहना करते हुए कहा कि कुवि कुलपति प्रोफेसर सोमनाथ सचदेवा के

मार्गदर्शन में जैविक खेती को यह मुहिम न केवल विश्वविद्यालय परिसर में हरियाली ला रही है, बल्कि समाज में जैविक खेती के प्रति जागरूकता भी फैला रही है। इस प्रेरणादायक पहल से जुड़कर हर छात्र यह महसूस कर सकता है कि एक छोटे से प्रयास से भी बड़े बदलाव की नींव रखी जा सकती है। डॉ. कविता ने बताया कि जैविक खेती को बढ़ावा देने का यह प्रयास केवल प्रयोगशाला या अनुसंधान तक सीमित नहीं रहेगा, बल्कि यह एक प्रेरणा स्रोत बनेगा, जिससे अन्य छात्र भी इस पहल से जुड़ेंगे। इस प्रयास का लक्ष्य केवल स्वच्छ, सुरक्षित और पौष्टिक भोजन उठाना ही नहीं, बल्कि स्वतंत्र विकास और हरित भविष्य को और ठोस कदम बढ़ाना भी है। इस अवसर पर कुलसचिव डॉ. वीरेन्द्र पाल, प्राचार्या प्रो. रीटा, प्रो. अमृत तथा डॉ. कविता रानी सहित विद्यार्थी मौजूद रहे।





### **Cleanliness Drive at Jyotisar Temple:**

Date: 7th March 2025

Place: Jyotisar Temple, Kurukshetra

Organised by: NSS Unit, Institute of Integrated & Honors Studies (IIHS), Kurukshetra University, Kurukshetra

On 3rd March 2025, three volunteers of the National Service Scheme (NSS) from the Institute of Integrated & Honors Studies (IIHS), Kurukshetra University, carried out a cleanliness drive at the Jyotisar Temple, Kurukshetra, a place of great historical and religious importance.

The objective of the activity was to promote cleanliness, public hygiene, and social responsibility among students, in accordance with the motto of NSS, “Not Me, But You.” The volunteers actively participated in cleaning the temple premises, pathways, and surrounding areas by sweeping and removing dry leaves and waste materials.

Through this drive, the volunteers contributed to maintaining the sanctity and cleanliness of the temple and also spread awareness among visitors about the importance of keeping public and religious places clean. Cleanliness Drive at Jyotisar Temple clean. The activity encouraged a sense of discipline, teamwork, and civic responsibility among the NSS volunteers.

Conclusion:

The cleanliness drive was successfully conducted and proved to be a meaningful step towards community service and environmental awareness. Such activities help in developing social consciousness and a spirit of service among students.



### NSS Special 7-Day Camp (2025)

*Theme: "Service, Leadership, and a Step Towards Self-Reliance"*

Location: Village Mirzapur, Kurukshetra

NSS Programme Officers: Dr. Sandeep, Dr. Vir Vikash, Dr. Jyoti Chauhan, Dr. Kavita Rani

### **Day 1: Yoga, Service, and Formal Inauguration**

Activities: The camp began at 6:00 AM with a Yoga and Pranayama session. Volunteers performed Surya Namaskar to build energy. At 9:00 AM, the group reached Mirzapur village. Volunteers were divided into 12 units (groups) of 10 members each to ensure organized community work.

**Key Lecture – Late Prof. Somveer Jakhar ji (The then Chairperson, Botany Dept. KUK):** Prof. Jakhar performed the lighting of the lamp and delivered a powerful address on the potential of "Yuva Shakti" (Youth Power). He argued that youth are the actual backbone of the nation's economy and social fabric. He explained that if the youth become self-reliant—not just financially, but in their thoughts and actions—the entire country will follow. He emphasized that the "Atmanirbhar Bharat" initiative starts with individual discipline and a commitment to serving one's local community.

### **Day 2: Cultural Heritage and Personal Growth**

Activities: Morning Yoga was followed by a collective singing of the NSS Target Song at the Chaupal Dharamshala. A Dance Competition was held where volunteers showcased traditional art forms.

**Key Lecture – Prof. Jasbir:** Prof. Jasbir provided a roadmap for holistic development. He lectured on the importance of balancing education, sports, and cultural participation. He noted that academic excellence is hollow without "Social Sensitivity." He urged students to find a harmony between personal growth and community service. Notably, the volunteers celebrated Prof. Jasbir's birthday during the camp, and he generously donated ₹1500 for a volunteer party. He concluded by saying that self-reliance is achieved when a student can navigate both the classroom and the challenges of society with equal ease.

### **Day 3: Sports Day and Discipline**

Activities: Dedicated as "Sports Day," activities included Kho-Kho (for girls), Volleyball, Cricket, and Dodgeball (for boys). The focus was on fostering a healthy lifestyle and team spirit.

Keynote Speaker – **Prof. Deepak** delivered a lecture on "Goal Setting and Success." He explained that success is not an accident but a result of masterly planning. He advised volunteers to "master at least one sport" because sports teach essential life values such as discipline, patience, and mental toughness. He emphasized that the resilience a student develops when losing a game is the same resilience needed to face life's failures and turn them into stepping stones for success.

#### **Day 4: Shaheed Diwas and Cultural Programme**

Activities: A tribute was paid to legendary martyr Shri Bhagat Singh ji, Rajguru ji, and Sukhdev ji. Poetry and Speech competitions were held to honor their sacrifice.

Keynote speaker – **Prof. Jaswinder Singh** delivered a lecture on the practical theme of "Management, Investment, and Savings." He provided a detailed discourse on the importance of "Time Management" for students, stating that how a youth manages their hours determines their future. He also introduced financial literacy, explaining that "Investment" is not just about money but also about investing time in the right skills. His session focused on how professional development and financial discipline are the two pillars of a self-reliant life.

#### **Day 5: Creative Expression and Social Media**

Activities: The day featured Singing and Poetry competitions to encourage creative expression.

Key Lecture 1 – **Dr. Neeraj Batish (Deputy Coordinator NSS, KUK)**: Dr. Batish utilized Plato's Theories to explain the concept of individual excellence. He lectured that every person is born with a "Special Skill" (Virtue), and true happiness is found when that skill is used to serve the community. He challenged volunteers to identify their unique talents during the camp.

Key Lecture 2 – **Prof. S.P. Kaushik** held a deep-dive discussion on Contemporary Social Issues. He focused on air pollution, public health, and the "Double-Edged Sword" of Social Media. He warned that while social media is a tool for awareness, it must be used with high self-control to avoid spreading misinformation or wasting productive time.

#### **Day 6: Self-Management and Leadership**

Activities: The session involved interactions with military personnel including Subedar Jugraj, BHM Baljinder, and Havaldar Dinesh, who shared stories of bravery and discipline.

Key Lecture – **Dr. Tejpal (Asst. Prof, Dayal Singh College)**: Dr. Tejpal spoke extensively on "Self-Management." He argued that leadership is not about managing others, but about managing oneself first. He discussed emotional intelligence and the importance of "Inner Engineering." He explained that a student who can manage their own habits, emotions, and schedule is naturally equipped to lead a community toward positive change.

### **Day 7: Media Dialogue and Closing**

Activities: The final day focused on the role of communication. Program Officers (PO) Dr. Kavita and Dr. Jyoti Chauhan thanked the volunteers for their hard work over the week.

Key Lecture – **Shree Raj Rani & Shreeman Pradeep (Amar Ujala)**: As veteran journalists, they lectured on the "Media-Society Interface." They explained how media serves as the voice of the voiceless. They encouraged volunteers to use local media and social platforms to highlight the positive work done during the camp. They emphasized that a "Self-Reliant India" requires a media-literate youth who can distinguish between fact and fiction and use communication to bring about "Sakalatmak Badlav" (Positive Change).

DAY	IMPORTANT FIGURES
1st	Prof. Somveer Jakhar
2nd	Prof. Jasbir
3rd	Prof. Deepak
4th	Prof. Jaswinder Singh & Ms. Tanu
5th	Dr. Neeraj Batish & Prof. S.P. Kaushik
6th	Dr. Harpreet Singh, Dr. Tejpal, Subedar Jugraj, BHM Baljinder & Havaldar Dinesh
7th	Journalists: Raj Rani & Shreeman Pardeep (Amar Ujala)



# Campus

## स्वयंसेवकों को सिखाए आत्म-प्रबंधन के गुरु



एनएसएस शिविर में अतिथियों को पौधा भेंट करते डॉ. आनंद कुमार। रिफाहित

### संवाद न्यूज एजेंसी

**कुरुक्षेत्र।** कुरुक्षेत्र विश्वविद्यालय के आईआईएचएस की ओर से एनएसएस शिविर का आयोजन किया गया, जिसके छठे दिन स्वयंसेवकों में एकता और सेवा भावना को मजबूत किया।

मुख्यातिथि डॉ. हरप्रीत सिंह ने स्वयंसेवकों को कठिन परिश्रम से जीवन में

### कुवि के आईआईएचएस की ओर से किया गया शिविर का आयोजन

सफलता के गुरु सिखाए।

दयाल सिंह कॉलेज करनाल के भूगोल विभाग के प्रोफेसर एवं पूर्व सैनिक डॉ. तेजपाल ने स्वयंसेवकों को आत्म प्रबंधन और युवा चुनौतियों को पार करने में धैर्य के

महत्व पर जोर दिया। पर्यावरण संरक्षण को बढ़ावा देने के लिए सभी मुख्य अतिथियों को पौधे भेंट किए गए।

कार्यक्रम के अंतिम सत्र में प्रतिबिंबन सत्र आयोजित किया गया, जहां स्वयंसेवकों ने अपने अनुभव साझा किए। इस मौके पर डॉ. आनंद कुमार, सुबेदार जुगराज (बीएचएम), बलजिंदर (हवलदार) सहित अन्य सदस्य मौजूद रहे।

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# महिलाओं के व्यक्तित्व विकास पर दिया जोर

अमर उजाला फाउंडेशन और कुवि के आईआईएचएस संस्थान के सहयोग से अपराजिता का आयोजन

संवाद न्यूज एजेंसी

कुरुक्षेत्र। अमर उजाला फाउंडेशन और कुरुक्षेत्र विश्वविद्यालय (कुवि) के इंस्टीट्यूट ऑफ इंटीग्रेटेड एंड ऑनर्स स्टडीज (आईआईएचएस) के सहयोग से मिर्जापुर गांव में विशेष सत्र का आयोजन किया गया। इसमें छात्राओं और शिक्षकों ने महिलाओं के व्यक्तित्व विकास और आत्मनिर्भरता पर अपने विचार साझा किए।



डॉ. वीर शिक्षा

कार्यक्रम में संकल्प लिया कि वे अपने जीवन में सकारात्मक बदलाव लाकर समाज में महिलाओं के प्रति सकारात्मक ध्येय विकसित करेंगे। शिक्षक डॉ. वीर विकास ने छात्राओं को अधिकारी और कर्तव्यों के प्रति जागरूक किया।

एनएसएस के करीब 150 स्वयंसेवकों ने कार्यक्रम में हिस्सा लिया। कार्यक्रम में अंजली, गरिमा, नरेन शर्मा, हैप्पी, अनु, सिमरन, पूनम, परम गंगोली ने अपने विचारों को व्यक्त किया।



अपराजिता कार्यक्रम में हिस्सा लेती छात्राएं। संवाद



संस्कृति और संस्कारों के साथ आगे बढ़ें युवा : डॉ. संदीप

जियोग्राफी के शिक्षक डॉ. संदीप कुमार ने कहा कि सभ्यता की प्रगति में महिलाओं की भूमिका अत्यंत महत्वपूर्ण है। हमें उन्हें हर संभव अवसर प्रदान करने चाहिए। उनकी विद्यार्थियों को वैश्वीकरण अपने जीवन में निर्णय लेने को प्रेरण दे और कहा कि लड़कें और लड़कों को अपने संस्कारों और पारंपरिक संस्कृति को लेकर ही आगे बढ़ना चाहिए। वे व्यक्तित्व विकास के लिए जरूरी हैं।

छात्राएं अपने अधिकारों के प्रति रहें जागरूक : डॉ. ज्योति



मुख्य वक्ता डॉ.आईआईएचएस के बाटने विभाग की डॉ. ज्योति चौहान ने कहा कि एक सशक्त महिला ही समाज को सही दिशा दे सकती है। महिलाओं को अपने व्यक्तित्व में आत्मनिश्चय, संवाद कौशल और निर्णय लेने की क्षमता विकसित करने को आवश्यक है। उन्होंने छात्राओं को अपने अधिकारों के प्रति जागरूक रहकर स्वयं को पुरा करने का प्रयास करने के लिए प्रेरित किया।

आर्थिक रूप से सशक्त होना जरूरी : डॉ. कविता



मुख्य वक्ता डॉ. कविता शर्मा ने कहा कि व्यक्तित्व विकास केवल बाहरी रूप से नहीं, बल्कि आंतरिक रूप से भी महत्वपूर्ण है। शिक्षा, आत्मनिश्चय और स्वावलंबन एक सफल व्यक्तित्व की नींव रखते हैं। महिला सशक्तिकरण, आत्मनिर्भरता और व्यक्तित्व विकास बहुत जरूरी है। उन्होंने कहा कि छात्राओं को सामाजिक एवं आर्थिक रूप से सशक्त होना बहुत जरूरी है।

Name of the Activity: Rally Honouring the Indian Army

Date: 14 May 2025

Venue: Kurukshetra University Campus, Kurukshetra

Organised by: Kurukshetra University, Kurukshetra

## Objective of the Activity

The objective of the rally was to honour the Indian Army for their bravery and sacrifice, particularly after Operation Sindoor, and to promote feelings of patriotism, national unity, and respect for the armed forces among students.

## Description of the Activity

On 14 May 2025, the NSS Units, IIHS, Kurukshetra University organized a rally within the university campus to express gratitude and solidarity with the Indian Army. NSS volunteers participated enthusiastically, carrying placards and raising patriotic slogans in support of the

armed forces. The rally served as a platform to spread awareness about the importance of national security and the selfless service rendered by Indian soldiers.

### **Outcome of the Activity**

The rally successfully created awareness among students about the sacrifices of the Indian Army and strengthened the spirit of patriotism and unity. Volunteers developed a deeper sense of respect and responsibility towards the nation and its defenders.

### **Conclusion**

The activity concluded peacefully with a strong message of national pride and collective responsibility. The rally proved to be a meaningful initiative in aligning NSS volunteers with the ideals of service, discipline, and patriotism. places clean. The activity encouraged a sense of discipline, teamwork, and civic responsibility among the NSS volunteers.



### **NATIONAL INTEGRATION CAMP PARTICIPATION**

Name of Programme: National Integration Camp (NIC)

Organised at: Gujarat Vidyapeeth, Gujarat (06/06/2025 to 12/06/2025)

State Represented: Haryana

Number of Volunteers :10

### Introduction

The National Integration Camp (NIC) is a prestigious programme of the National Service Scheme aimed at promoting national unity, cultural exchange, leadership, and mutual understanding among students from different states of India. Ten NSS volunteers from Haryana, Kurukshetra University, participated in the NIC held at Gujarat Vidyapeeth, Gujarat.

### Participation and Activities

A team of ten multidisciplinary students from Haryana attended the camp after completing the required registration and payment process at Gujarat University. The volunteers actively participated in various activities including cultural programmes, group discussions, interactive sessions, and inter-state exchanges. These activities helped the volunteers to understand India's cultural diversity and strengthened the spirit of national integration.

Param, NSS volunteer from IIHS KUK, led the Haryana team as the Group Leader, ensuring discipline, coordination, and active participation throughout the camp.

### Special Achievement and Recognition

A special highlight of the camp was that only the Haryana NSS team got the unique opportunity to meet **Acharya Devvrat Ji, Hon'ble Governor of Gujarat**. This interaction was a moment of pride and inspiration for the entire team.

The Haryana team was highly appreciated by the Programme Officers of various states, the NSS State Coordinator of Gujarat Vidyapeeth, and the Regional Director, cultural performance, leadership qualities, and active involvement in all camp activities.

### Cultural Achievements

At the Valedictory ceremony: Special guest : **Gujarat former education minister Mr. Bhupendrasinh Chudasama**.

**Param, NSS Volunteer from IIHS KUK, secured Second Position in Mono Acting among 20 National Teams.**

**The Haryana NSS Team secured Second Position in Group Dance among more than 20 National Teams.**

These achievements brought great pride to Kurukshetra University, and the state of Haryana.

**Conclusion:** Participation in the National Integration Camp at Gujarat Vidyapeeth was a highly enriching and memorable experience for all NSS volunteers. The camp not only strengthened national unity and cultural understanding but also enhanced leadership, confidence, and teamwork among students. The achievements and recognition received by the Haryana team reflect the dedication, talent, and discipline of NSS volunteers of KUK. The experience will remain lifelong inspiration for serving society and the nation through NSS.



# Kurukshetra University, Kurukshetra



## Volunteers of HARYANA Contingent

National Integration Camp 2025, Ahmedabad Gujarat



**Param Gangoli**  
IHS, KUK



**Dr. Nidhi Mathur**  
Programme Officer



**Rajni**  
UTD, KUK



**Parasdeep Singh**  
IHS, KUK



**Pardeep Kumar**  
Govt. PG Clg  
Kaithal



**Rohan**  
Dayal Singh Clg  
Karnal



**Kirpa Ram**  
Govt. PG Clg  
Panchkula



**Manpreet Kaur**  
Govt. PG Clg  
Ambala Cantt



**Gayatri**  
Govt. PG Clg  
Ambala Cantt



**Aarti**  
Govt. PG Clg  
Panchkula



**Sanjivni**  
Govt. Clg for Wo.  
Gharaunda, KNL







## **International Yoga Day (21 June 2025)**

The International Yoga Day was celebrated on 21st June 2025 at Brahmasarovar, Kurukshetra with great enthusiasm and large-scale participation. The event witnessed the presence of nearly one lakh participants, who performed yoga simultaneously in the early morning hours, promoting the message of health, harmony, and holistic well-being.

The NSS volunteers of the Institute of Integrated & Honors Studies (IIHS), Kurukshetra University, Kurukshetra, played a highly responsible and commendable role in the successful conduct of the programme. The volunteers actively took responsibility for managing the system, assisting participants, maintaining discipline, guiding the public, and ensuring smooth coordination throughout the event. Their dedication and teamwork significantly contributed to the effective management of such a massive gathering.

The programme was graced by the esteemed presence of Shri Nayab Singh Saini, **Hon'ble Chief Minister of Haryana, and Swami Ramdev Ji**, who were the main highlights of the event. Their presence inspired the participants and added great value to the celebration of International Yoga Day.

Overall, the event was a grand success, and the active participation and responsible conduct of NSS volunteers reflected the true spirit of “Not Me, But You.”





## **Introduction of NSS to New Students:**

**(18/09/2025)**

In the new academic session, an orientation programme was organized to introduce the National Service Scheme (NSS) to the newly admitted students of the Institute of Integrated & Honours Studies (IIHS), Kurukshetra University, Kurukshetra. The programme was conducted in Room No. N01 of the New Building, IIHS.

### **Lecture by Chief Guest & NSS Coordinator Dr. Anand Kumar**

On 18th September 2025, Dr. Anand Kumar, NSS Coordinator of Kurukshetra University, graced the orientation program as the Chief Guest and introduced the newly admitted students to the National Service Scheme. He highlighted the purpose, vision, and national importance of NSS in shaping socially responsible youth. Dr. Anand motivated students to take part in community service and emphasized values such as discipline, leadership, and teamwork. He explained how NSS helps in personality development and building a spirit of selfless service. His inspiring address encouraged students to become active NSS volunteers and contribute meaningfully to society.

### **Lecture by Dr. Jyoti Chauhan**

Dr. Jyoti Chauhan introduced the concept, objectives, and vision of NSS, emphasizing its role in building socially responsible citizens. She highlighted how NSS helps students develop empathy, discipline, and leadership through community service.

### **Lecture by Dr. Vir Vikash**

Dr. Vir Vikash explained the importance of youth participation in national development through NSS activities. He motivated students to actively engage in social service and adopt the NSS motto “Not Me, But You” in their daily lives.

### **Lecture by Dr. Sandeep**

Dr. Sandeep elaborated on the benefits of NSS, including personality development, confidence building, and opportunities at university and national levels. He also briefed students about various NSS activities such as camps, rallies, and awareness programmes.

## **Lecture by Dr. Abhilasha**

Dr. Abhilasha addressed the students on the discipline, teamwork, and moral values promoted through NSS. She encouraged students to join NSS to become responsible citizens and contribute positively to society.

The session was interactive and informative, and the students showed keen interest in enrolling as NSS volunteers. The programme successfully created awareness about NSS and inspired students to participate actively in its activities.

## **Annual Celebration of NSS:**

### **24<sup>TH</sup> September 2025 (R.K.Sadan)**

The Annual Celebration of the National Service Scheme (NSS) was organized by Kurukshetra University, Kurukshetra on 24th September at RK Sadan of the university campus. The programme was conducted to acknowledge and appreciate the remarkable contributions of NSS volunteers and Programme Officers for their dedicated service during the academic year.

The programme was organized under the able guidance of the NSS Coordinator, Dr. Anand Kumar, who addressed the gathering and highlighted the role of NSS in shaping socially responsible youth. He appreciated the efforts of both volunteers and Programme Officers and encouraged them to continue working with dedication and commitment towards community service.

All the NSS Programme Officers, including Dr. Jyoti Chauhan, Dr. Veer Vikas, Dr. Sandeep, and Dr. Abhilasha, were present on the occasion and actively participated in the event.

During the celebration, bright and meritorious NSS volunteers from various institutes and departments of the university were honoured and awarded for their outstanding performance, leadership qualities, discipline, and active participation in NSS activities throughout the year. Their contributions to awareness programmes, rallies, cleanliness drives, camps, and community outreach initiatives were highly appreciated.

The NSS Programme Officers were also felicitated in recognition of their annual achievements, sincere efforts, and effective guidance in implementing various NSS activities.

The programme concluded on an inspiring note, reinforcing the NSS motto “Not Me, But You”, and motivating all volunteers to continue serving society with dedication and enthusiasm.



### **Participation of Volunteers in National Integration Camp (NIC) at CCSHAU Hisar: October 2025**

This report summarizes the activities of the 7-day National Integration Camp held at CCS Haryana Agricultural University (CCSHAU). The event brought together volunteers from 17 states and Union Territories to promote unity, cultural exchange, and personal development.

#### **Day 1 & 2: Arrival and Foundation (Oct 8–9)**

Registration & Inauguration: Volunteers registered at the College of Agriculture and attended an inaugural ceremony featuring life-sharing sessions by administrative bodies.

Cultural Exposure: The camp began with Haryanvi cultural performances.

Daily Routine: A standard routine was established starting with Yoga at 6:00 AM, followed by academic sessions.

Key Learning: Sessions included first-aid demonstrations by Dr. Sapna Sagar and talks on the scope of the camp by Shri Krishan Kumar.

### **Day 3 & 4: Skill Building and Motivation (Oct 10–11)**

Happiness & Earning: Dr. Sunil Kumar Pahuja and Sh. Jagdeep Bhardwaj led sessions on the "aspects of being happy," financial skills, and internet-based education.

NSS Virtues: Discussions focused on the core virtues and motives of the National Service Scheme (NSS).

Community Outreach: A visit to the University Museum was organized.

Social Awareness: Sh. Rahul Sharma conducted a session on Nasha Mukti (de-addiction).

### **Day 5: Health and Social Responsibility (Oct 12)**

Blood Donation: A major highlight was the blood donation camp where volunteers donated 2000+ units of blood following an inspiring session by Dr. Sushil Garg.

Self-Reliance: Sh. Kashmir Lal delivered a motivational talk on being "Aatmanirbhar" (Self-reliant) and supporting "Swadeshi" (Indigenous) initiatives.

Competitions: Creative talents were showcased through Slogan Writing, Poster Making, and Rangoli competitions.

### **Day 6: Unity and Celebration (Oct 13)**

Physical Strength: The day began with a "Tug of War" competition.

Environmental Advocacy: Dr. Partap Singh Malik spoke on protecting "Mother Earth."

Cultural Exchange: A mega cultural evening featured all 17 states and UTs.

**Achievements: \* Happy: 1st position in Speech.**

**Kumkum: 2nd position in Slogan competition.**

Grand Finale: The day concluded with a DJ night.

### **Day 7: Feedback and Departure (Oct 14)**

Closing Ceremony: A feedback program was held in the presence of the Vice-Chancellor and Registrar.

Certification: Certificates were distributed to all the participants for their successful completion of the camp.

Departure: Volunteers departed for their respective universities at 1:00 PM.

### **Summary of Meals & Hospitality**

The camp provided a diverse nutritional menu including:

Breakfasts: Poha, bread fritters, idli, medu vada, and aalo paratha.

Lunches/Dinners: Traditional dishes like rajma-chawal, palak paneer, dal makhani, and desserts like kheer and rasgulla.







### **One-Day NSS Camp at IIHS:**

**(29 october2025)**

A one-day National Service Scheme (NSS) camp was successfully organized at the Institute of Integrated & Honours Studies (IIHS), Kurukshetra University, Kurukshetra on 29th October 2025. The camp was conducted under the guidance of the NSS Program Officers of IIHS, namely Dr. Jyoti, Dr. Vir Vikas, Dr. Deepak, and Dr. Abhilasha.

The program commenced at 9:00 a.m. and continued throughout the day with active participation from NSS volunteers. Dr. Anand Kumar, NSS Coordinator, Kurukshetra University, Kurukshetra, graced the occasion as the Chief Guest. His presence motivated the volunteers and added great value to the camp.

### **Programme Highlights and Lectures**

During the camp, enlightening lectures were delivered by the Program Officers and the NSS Coordinator, focusing on youth responsibility, safety, and national development.

Dr. Anand Kumar (NSS Coordinator) emphasized the vital role of NSS in shaping responsible citizens. He highlighted how youth can contribute to nation-building through discipline, social service, and ethical values, and stressed the importance of safety and security awareness in today's society.

**Dr. Jyoti** addressed the volunteers on social responsibility and moral values, encouraging students to actively participate in community development activities. She motivated the youth to become change-makers in society.

**Dr. Vir Vikas** spoke about the role of youth in national development, focusing on leadership, unity, and dedication. He emphasized that young minds are the backbone of a progressive nation.

**Dr. Sachin** highlighted the importance of personal safety, national security, and civic sense. He explained how informed and responsible youth can strengthen the nation's internal security.

**Dr. Abhilasha** focused on personality development and self-discipline, encouraging volunteers to maintain a balance between academic excellence and social service.

## **Conclusion**

The one-day NSS camp was highly informative and inspiring. It helped NSS volunteers understand their role in nation-building, while also creating awareness about safety, security, and development. The camp concluded with a sense of motivation, discipline, and commitment among the volunteers to serve society and the nation with dedication.







**Diya and Sweets Donation Drive on the Occasion of Diwali Festival at Brahasarovar, Kurukshetra:**

**Kurukshetra, October 17th:**

The National Service Scheme (NSS) unit of the Institute of Integrated and Honors Studies (IIHS), Kurukshetra University, celebrated this Diwali in a truly meaningful way — by lighting up lives through a heartfelt Donation and Diya Distribution Drive at the sacred Brahasarovar.

Under the guidance and inspiration of NSS Programme Officers Dr. Jyoti, Dr. Vir Vikas, Dr. Abhilasha, and Dr. Sachin, the event beautifully embodied the message of “Joy of Giving” — reminding everyone that the true essence of Diwali lies in sharing happiness and hope with others.

The campaign witnessed enthusiastic participation from teachers, students, and NSS volunteers who came together to distribute fruits, sweets, and eco-friendly diyas among local residents and underprivileged families near Brahasarovar. The atmosphere was filled with smiles, gratitude, and the warm glow of compassion — a reflection of Diwali's spirit in its purest form.

The initiative was led by dedicated student volunteers Param, Sanawwar, Sania, Gourav, and Laxmi, whose tireless efforts and coordination ensured the drive's remarkable success. Their team spirit and commitment to social welfare inspired everyone present.

This noble cause was made possible through generous donations from the IIHS faculty members and students, who contributed wholeheartedly to support the mission. The contributors included:

Dr. Nidhi, Dr. Ashwani Sir (CEO), Dr. Ashmita Ma'am, Dr. Amit Sir, Dr. Sukhwinder Sir, Dr. Chandander Rekha, Prof. Pawan Kumar, Dr. Pradeep Malik, Dr. Himanshi Kumari, Dr. Vishal Awasthi, Dr. Mukesh, Dr. Sunil Rani, Dr. Rachna Bhatia, Kawalpreet, Komal, Shivani, and Dr. Reetu Malik, among others — each contributing with heartfelt generosity both in cash and kind.

Their collective efforts exemplified how a small act of kindness can illuminate many lives, proving that Diwali is brightest when shared with others.

Speaking on the occasion, the NSS volunteers expressed, "This Diwali, our goal was not just to light diyas, but to light hearts. The smiles we received in return were the true celebration."

**With such initiatives, IIHS NSS continues to stand as a beacon of social responsibility, nurturing compassion, empathy, and the true essence of community service among the youth.**





### **Unity March on National Unity Day :**

**(31 October 2025)**

On 31st October 2025, the National Service Scheme (NSS), Kurukshetra University, Kurukshetra organized a Unity March on the occasion of National Unity Day, commemorating the birth anniversary of Sardar Vallabhbhai Patel, the architect of India's national integration. The event aimed to promote the values of unity, integrity, discipline, and collective responsibility among students and the university community.

All NSS volunteers from various institutes, departments, and affiliated units of Kurukshetra University assembled near the Brahmasarovar, in the early hours of the day. The program began with a Unity Oath, during which all volunteers pledged to preserve the unity and integrity of the nation and to work selflessly for social harmony and national development. The oath-taking ceremony created a sense of responsibility and strengthened the moral commitment of the volunteers towards the nation.

After the oath ceremony, the Unity March was formally green flagged by the Member of Parliament Naveen Jindal ji , who motivated the volunteers to follow the ideals of Sardar Vallabh bhai Patel and contribute actively to nation-building. His presence added significance and inspiration to the event.

Following the flag-off, the NSS volunteers marched across a well-organized and disciplined manner. The volunteers carried national flags, banners, and placards displaying messages of unity, peace, and national integration. Through slogans and silent participation, they

conveyed the importance of unity in diversity and emphasized the role of youth in maintaining social harmony and national integrity.

The Unity March attracted the attention of students, faculty members, and staff across the campus, creating widespread awareness about the significance of National Unity Day. The event fostered a strong sense of patriotism, discipline, and togetherness among the participants and successfully reflected the core motto of NSS “Not Me, But You.”

The march concluded peacefully, leaving behind a powerful message of unity and cooperation. Overall, the Unity March was a meaningful and impactful activity that strengthened the spirit of national integration and reinforced the social values among NSS volunteers of Kurukshetra University.



### **10<sup>th</sup> International Gita Conference (24–26 November 2025) Kurukshetra University, Kurukshetra**

An International Gita Conference was successfully organized in Kurukshetra at University auditorium from 24th to 26th November 2025, celebrating the timeless teachings and global relevance of the Shrimad Bhagavad Gita. The conference aimed to promote the philosophical, cultural, and ethical values of the Gita and to spread its message of peace, duty, and harmony at national and international levels.

The prestigious conference was inaugurated by the Hon'ble Defence Minister of India, Shri Rajnath Singh ji, whose presence added great significance to the event. In his inaugural address, he highlighted the importance of the Bhagavad Gita in guiding humanity towards righteous action, moral values, and balanced living. Scholars, spiritual leaders, academicians, and delegates from India and abroad participated in the conference, making it a truly international intellectual and cultural gathering.

The National Service Scheme (NSS) volunteers of Kurukshetra University actively participated in the International Gita Conference and played a vital role in the smooth conduct of the event. The volunteers extended their services in various capacities, including event management, crowd coordination, hospitality, guidance of delegates, and maintenance of discipline and cleanliness at the venue. Their dedication and sense of responsibility reflected the true spirit of NSS.

Through their participation, NSS volunteers also got a valuable opportunity to listen to scholarly discussions and discourses on the teachings of the Bhagavad Gita, its relevance in contemporary society, leadership, ethics, and nation-building. The conference proved to be an enriching learning experience for the volunteers, helping them understand the practical application of Gita's teachings in daily life and social service.

The active involvement of NSS volunteers contributed significantly to the success of the conference. Their disciplined conduct, teamwork, and selfless service were widely appreciated by the organizers and participants. The event strengthened the volunteers' cultural awareness, moral values, and commitment to social responsibility.

Overall, participation in the International Gita Conference was a memorable and meaningful experience for the NSS volunteers, aligning perfectly with the NSS motto "Not Me, But You", and reinforcing the ideals of service, discipline, and national integration.



### **Celebration of Sardar Vallabhbhai Patel Jayanti:**

Sardar Vallabh bhai Patel Jayanti was celebrated on 31st October at the parking area of the Institute of Integrated & Honours Studies (IIHS), Kurukshetra University, Kurukshetra. The program was organized to commemorate the birth anniversary of Sardar Vallabh bhai Patel and to remember his invaluable contribution to the unity and integration of India.

NSS volunteers actively participated in the event and paid floral tributes to the great leader. The volunteers recalled his ideals of discipline, leadership, and national unity, and discussed the relevance of his vision in present times. The celebration helped create awareness among students about the importance of unity, integrity, and responsible citizenship.

The event concluded with a message encouraging students to follow the principles of Sardar Vallabhbhai Patel in their daily lives and social service activities.

### **Overall Assessment of NSS Activities (2025):**

The National Service Scheme activities conducted throughout the year January to December 2025 reflect the continuous efforts of the NSS unit to promote social responsibility, national integration, and youth participation in community development. Through various programs such as cleanliness drives, awareness campaigns, unity marches, national celebrations, conferences, camps, and social outreach activities, NSS volunteers actively contributed to the welfare of society.

These activities helped in the overall personality development of the volunteers, enhancing their leadership skills, discipline, teamwork, and sense of service. Participation in events like National Unity Day, cultural and spiritual conferences, rallies, and camps strengthened their awareness of social, cultural, and national values.

The year-long engagement of NSS volunteers successfully upheld the spirit and objectives of the National Service Scheme and reinforced its motto, "Not Me, But You." The collective efforts of the volunteers, Program Officers, and university administration ensured the smooth execution and success of all activities. Overall, the NSS unit played a significant role in nurturing socially responsible citizens and promoting the ideals of service, unity, and national development.

